NHCC ASSESMENT and HISTORY INFORMATION This information will help you and your therapist begin to clarify therapy goals.

Patient's Name: Date:
☐ YES ☐ NO Has/Is child ever been treated by a psychiatrist? Who?
If yes, would you give consent to therapist to communicate with psychiatrist? YesNo
☐ YES ☐ NO Has child ever been treated by a counselor? Who?
Patient's Physician:
Would you give consent to therapist to communicate with PCP (Primary care Physician)? Yes No
Last time seen by physician:
Reason for visit:
Is patient on medication? Y ~ N If yes, what medication(s)
☐ YES ☐ NO Has child been diagnosed with developmental problems?
☐ YES ☐ NO Any speech impairment problems?
☐ YES ☐ NO Has child been exposed to trauma?
☐ YES ☐ NO Any mental health problems on fathers/mothers family?
If yes, please indicate who and what diagnosis?
☐ YES ☐ NO Any complications during pregnancy?
☐ YES ☐ NO Any complications at birth?
Briefly describe your reasons for seeking counseling services:
What kind of things have you tried so far to handle this situation?