

NHC ASSESMENT and HISTORY INFORMATION - Child

Child's Name: _____ Date: _____

YES NO Has child ever been treated by a psychiatrist?

YES NO Has child ever been treated by a counselor/therapist?

If yes, who did you see? _____

Child's Physician: _____

Last time seen by physician: _____

Reason for visit: _____

Is child on medication? Y N If yes, what medication(s) _____

YES NO Has child been diagnosed with developmental problems?

YES NO Any speech impairment problems?

YES NO Has child been exposed to trauma?

YES NO Any mental health problems on fathers/mothers family?

If yes, please indicate who and what diagnosis? _____

YES NO Any complications during pregnancy?

YES NO Any complications at birth?

Briefly describe your reasons for seeking counseling services: _____

What kind of things have you tried so far to handle this situation?: _____

Please place a number that best corresponds to the issue listed below:

NOT APPLICABLE		NOT VERY SERIOUS		SERIOUS		VERY SERIOUS
1	2	3	4	5	6	7

- | | | |
|--|--|--|
| <input type="checkbox"/> Abuse – Physical | <input type="checkbox"/> Abuse – sexual | <input type="checkbox"/> Abuse – emotional |
| <input type="checkbox"/> Abuse – neglect | <input type="checkbox"/> Aggression, violence | <input type="checkbox"/> Anger, hostility, irritable |
| <input type="checkbox"/> Anxiety, nervousness | <input type="checkbox"/> Attention, distraction | <input type="checkbox"/> Confusion |
| <input type="checkbox"/> Compulsions | <input type="checkbox"/> Cruelty to animals | <input type="checkbox"/> Crying, sadness |
| <input type="checkbox"/> Decision-making, indecision | <input type="checkbox"/> Delusions (false ideas) | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Divorce, separation | <input type="checkbox"/> Eating problems | <input type="checkbox"/> Grieving |
| <input type="checkbox"/> Guilt | <input type="checkbox"/> Headaches | <input type="checkbox"/> Impulsiveness |
| <input type="checkbox"/> Judgment | <input type="checkbox"/> Loss of control | <input type="checkbox"/> Memory problems |
| <input type="checkbox"/> Mood swings | <input type="checkbox"/> Obsession/compulsion | <input type="checkbox"/> Panic/Anxiety attacks |
| <input type="checkbox"/> School problems | <input type="checkbox"/> Self-esteem | <input type="checkbox"/> Sleep problems |
| <input type="checkbox"/> Stress | <input type="checkbox"/> Suicidal thoughts | <input type="checkbox"/> Temper/low tolerance |
| <input type="checkbox"/> Thought disorganization | <input type="checkbox"/> Bed wetting | |

Other: _____

In the past 36 months has there been a death of a family member or someone close to child?

YES NO If yes, who?: _____ When: _____

Prior to the 36 months, has there been a death of someone that was close to child?

YES NO If yes, who?: _____ When: _____

Please rate below on a scale of 1 though 10, 1 = not at all, and a 10 = very much so:

_____ Child is very close and has a good relationship with siblings.

_____ Child has several close friends.

_____ Child often has nightmares.

_____ Child prefers to spend time alone.

_____ Child does not make eye contact when spoken to.

_____ Child does not like being around other people.

_____ Child likes self.